

OUTER STILLNESS, INNER RENEWAL



WINTER STILLNESS

ONE OF OUR FOUR
SEASON RETREAT SERIES

*Program cost of \$295
includes program, meals
and accommodation*

*Thursday dinner
through Sunday lunch.*

*Scholarships are
available - please ask!
For registration info:
www.woolmanhill.org
or 413-774-3431.*

**WOOLMAN HILL
Quaker Retreat Center**
107 Keets Road
Deerfield MA 01342
413-774-3431
www.woolmanhill.org
info@woolmanhill.org

Katherine Fisher and Frederick Martin

Thursday, Dec. 29, 2011 - Sunday, Jan. 1, 2012

When the earth is still (winter), and the sun is still (solstice), come let your schedule and to-do list be still -- and your body and mind too!

During this time of turning and renewal, allow your spirit to gestate and your heart to be refreshed in some uninterrupted time with God.

As we quiet our outer life, we might find way opening in our inner life for sacred unrest, deep peace, closures, or new unfoldings.

You may find your own ways to engage with the silence. Also, we will provide some entry points: walks in the woods, visual art, prayer practices...



Katherine Fisher is a member of Beacon Hill Friends Meeting (Boston, MA). She is a former Assistant Director of Beacon Hill Friends House, and an active member of the New England Young Adult Friends community. She is both a contemplative and an activist.

Frederick Martin is a member of Monadnock (NH) Meeting currently studying at Andover-Newton Theological School. He is the accounts manager for New England Yearly Meeting; previously taught for eight years

at The Meeting School in Rindge, NH; and has been active with Pendle Hill, Friends General Conference and Friends United Meeting.



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COST & REGISTRATION

The **standard rate for this four-day retreat is \$295** (commuter rate \$225). The fee includes program, lodging and food. Please ask if you need additional scholarship funds. A non-refundable deposit of \$50 is required to hold a space for a program. If you need to cancel, the deposit can be applied toward a future workshop. “Double up and save” discount: bring a friend along to the same program weekend, and you’ll each receive \$20 off the standard rate!

ARRIVAL & DEPARTURE

Plan to arrive after 5pm Thursday evening, in time for dinner at 6:30. The workshop will end by 2pm on Sunday. We are centrally located in western Massachusetts, close to both I-91 and Route 2. For those arriving by car, we will send directions when you register. Please let us know if you’d be interested in carpooling. The nearest Amtrak stations are Springfield and Amherst. Vermont Transit and Peter Pan bus lines stop in Greenfield. Please contact us to arrange a ride from these stations.

ROOM & BOARD

Our 19th-century farmhouse has hand-hewn beams and wide pine floors, with simple dorm-style lodging. The meeting-house and the first floor of the main building are wheelchair accessible. We serve nourishing, primarily vegetarian, home-cooked meals and always offer a vegetarian option. Please let us know if you have any dietary restrictions. Part of the community building at each retreat includes the joyful sharing of meal chores and clean-up.

WHAT TO BRING

Please bring your own toiletries, towels, and bedding (sleeping bag or sheets and blankets or comforter). Pillows are provided. Be sure to bring seasonally appropriate clothes and comfortable indoor and outdoor footwear. You might also like to bring a flashlight, journal, musical instrument... Please do NOT bring pets or candles. Cell phone reception is limited and we have limited internet access. We encourage guests to consider whether cell phone or computer use will detract from their experience of being fully present, here and now.

To register for this program, please fill out the information below and send it with a \$50 deposit made payable to Woolman Hill. The balance is due at the beginning of the workshop. For more details about our programs and facilities, please visit our website (www.woolmanhill.org) or use the above contact information.

OUTER STILLNESS, INNER RENEWAL, Dec 29, 2011-Jan 1, 2012	
NAME:	
E-MAIL:	PHONE:
ADDRESS:	
MONTHLY MEETING (if applicable):	
Enclosed is \$ _____. I plan to pay a total of \$ _____ (\$295 standard rate, \$225 commuter). Please bring a friend and register together for the “Double up and save” discount – pay \$275 each (see info above)!	
DIETARY, HOUSING, OR OTHER SPECIAL NEEDS:	